



A PRACTICAL GUIDE TO Prayer Walking

Notes compiled by Hilda VanderKlippe (CRHM) from "The Praying Church Sourcebook" by Alvin Vander Griend & Edith Bajema and "Prayer-walking" by Steve Hawthorne & Graham Kendrick

What is Prayer Walking?

- ✓ "Praying on-site with insight" (Steve Hawthorne); a type of intercessory prayer where you pray in the very place in which you seek God to work
- ✓ Praying on behalf of others and allowing sights, sounds and smells to engage your spirit along the way
- ✓ Being on the scene without making a scene
- ✓ Something done with a group or on your own

What is Prayer Walking NOT?

- ✗ Going door-to-door and praying with people or standing on street corners and praying loudly
- ✗ A time of personal devotion
- ✗ An easy way to pray; distractions, busyness, and discouragement are a constant 'threat'
- ✗ An end in itself; prayer softens hearts to the gospel by releasing God's grace into people's lives

What Can You Expect?

- To be changed: prayer-walking changes the heart of the one praying; it puts us in touch with God's agenda and not our own
- You'll need patience: God is patient and He is unfolding His plan step by step
- As the Holy Spirit leads, prayer-walkers are in a position to meet divine appointments

Insight for Prayer Comes from...

- **Responsive insight;** pray about what you see, and perhaps what you hear, as you walk
- **Researched insight;** use your own knowledge of the history of the area, read your local paper
- **Revealed insight;** let the Holy Spirit direct as you pray

(over →)

Practical Steps:

1. Begin with personal or group prayer; confession, guidance, protection, surrender;
2. If with a group, go in pairs and, if possible, pray out loud so your partner can pray in agreement;
3. Talk to God about what you hear and see; pray for His kingdom to come;
4. Don't forget to pray for the churches, pastors and Christians in the area;
5. Keep your ears tuned to the Holy Spirit – prayer is two-ways;
6. Focus on what God can do as opposed to focusing on problems; pray with Scripture;
7. Bring a journal/notepad to record significant needs, insights, or questions;
8. At the end, gather as a group to share insights, consider points of action and close in a group prayer.

Bottom Line

You are walking with Jesus; walk with the simple desire for more of Him in your neighbourhood/community; you won't be disappointed!

*Community Opportunity Scan_Prayer Walking
October 2007; updated Dec. 2019*